

15<sup>th</sup> May 2011

Ms. Amanda Brailsford,  
Human Resources Director  
Doha-Qatar

Dear Amanda,

Warm greetings from Spa Chakra Middle East, a member of Alfardan Group Holding.

We would like to extend very exclusive spa & fitness privileges to American Women Association members and families valid till 31<sup>st</sup> December 2011.

### SPA PRIVILEGES

- Upgrades on selected massages, weight loss and slimming packages, body and face therapies using the world renowned Skincare of Guerlain Paris.
- Upgrades on customized gift certificates and couple packages.
- 25% discount on body maintenance services, Manicure, Pedicure and Waxing.
- 20% discount on female hair services @ **“La” Salon** located within the Spa area.
- Exclusive rates on male hair services @ **Le Salon** located within the Spa area.

### FITNESS PRIVILEGES

- Exclusive discounts upon booking one to one sessions with our specialized nutritionist and professional male & female fitness trainers to reach specific goals: losing weight, firming, toning, strengthening and diabetes....etc.
- Exclusive discounts on Power Plate sessions.
- 10% discount on the “Gaia” Body Composition Analyzer session.
- Couple and family memberships are available. **No joining fee for American Women Association members.**
- Swimming classes for kids and adults.
- Ladies hours for fitness and swimming:
  - Sunday and Wednesday : 9:00am to 4:00pm
  - Monday, Tuesday and Thursday : 9:00am to 1:00pm

*To avail any of the above offers and packages, you are kindly requested to present your ID card to our reception team.*

**YOUR TRANSFORMATION BEGINS HERE...**

Yours in Health & Fitness,  
Spa Chakra Team