

October General Meeting 2011

This month's general meeting, held at the Grand Hyatt, featured Gabrielle Turner a certified hypnotherapist. Originally from the United Kingdom she is the founder of Oasis Hypnosis in Doha and member of the National Guild of Hypnotists. She explained how standard and advanced hypnotherapy techniques can empower you to achieve the goals for change you have set for yourself. An AWA member spoke about how Gabrielle helped her get through the side effects chemotherapy for breast cancer. Other people have quit smoking or controlled eating disorders through hypnotherapy. Every member in attendance was given a handout and a pendulum and participated in a hypnotic exercise.



Gabrielle Turner, October General Meeting Speaker